



4-MILE RUN/WALK

SUNDAY, MARCH 20, 2022

Start Time: 9:00 AM, Sunday March 20

Course: Professionally chip timed 4-Mile – Flat and fast course. An out and back through a quiet neighborhood to Mill Creek Park hike-bike trail.

Race Packet Pick-Up: Saturday, March 19, 11 – 4PM and Sunday from 8 – 9 AM.

Gift with Registration: Limited edition t-shirt and custom finisher medal

ENTRY FEE: **4-Mile** **\$30** through March 6
\$35 March 7 to Race Day

*****Register by March 7th** to guarantee a participant shirt***



Please Make All Checks Payable To: Second Sole Racing

Mail Entries To: Second Sole, 755 Boardman-Canfield Rd., Boardman, OH 44512

NAME: _____ AGE ON RACE DAY: _____ SEX: M F

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

EMAIL ADDRESS: _____ PHONE NUMBER: _____

SHIRT SIZE (CIRCLE ONE): SMALL MEDIUM LARGE X-LARGE 2X-LARGE

Race Waiver for Above Specified Event

I know that running a road race is a potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, in good health, and properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather including high heat and/or humidity, rain and slick surfaces, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or blades, animals, and headsets of any type are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Second Sole, Second Sole Racing and its counterparts, the City of Canfield, Ohio, Mill Creek MetroParks, Canfield High School, Canfield Cross Country Boosters, all sponsors, their representatives, employees, and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the afore mentioned parties to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

Parent or Guardian must sign for participants under 18 years of age.