

# RUN WITH THE RAIDERS 5K

AUGUST 12TH, 2023



South Range High School



**Location:** South Range High School (11300 Columbiana Canfield Rd, Canfield, Ohio 44406)

**Start Time:** 9:00am

**Entry Fee:** \$25 Adults (includes shirt/medal), \$20 Adults (no shirt/no medal)

\$15 Students (includes shirt/medal), \$10 Students (no shirt/no medal)

**Online Registration:** [secondsoleracing.com](https://secondsoleracing.com) or [gcxcracing.com](https://gcxcracing.com).

**Course:** Chip-timed, starts/finishes at SRHS, and runs entirely on the cross country course.

**Packet Pick-Up & Registration:** Race morning beginning at 7:30am at SRHS.

**5K Awards:** Top three overall male/female winners and top three male/females in the following age categories: 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & Up.

## 5K runs on South Range High School Cross Country Course



\*Please Make All Checks Payable To: South Range Athletic Boosters\*

\*Mail Entries To: 447 W. Middletown Road, North Lima, Ohio 44452\*

NAME: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_ SEX: M F

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TSHIRT: S M L XL 2XL 3XL (add \$3.00) ADDITIONAL DONATION: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

Race Waiver for Above Specified Event

I know that running a road race is a potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, in good health, and properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather including snow, ice, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or blades, animals, and headsets of any type are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Event Director, South Range School District, South Range Cross Country, GCXC, Second Sale, employees, volunteers, and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the afore mentioned parties to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*Parent or Guardian must sign for participants under 18 years of age.\***